

## **“An Apple a Day keeps the Doctor Away” – students from IGS Busecker Tal in Izmir, Turkey**

“An Apple a Day keeps the Doctor Away” – the logo of the Comenius Project was proudly presented outside the school building of the host school Güzelyali İÖÖ in Izmir, Turkey where apart from the Turkish host students participants from Spain, France, Poland and Germany had gathered for the second part of the Comenius Project about Healthy Food and an Active Lifestyle in March 2011 (March 30<sup>th</sup> – April 5<sup>th</sup>).

The German school, IGS Busecker Tal, was represented by 7<sup>th</sup> and 8<sup>th</sup> form students Arezo Abirinejad, Mayla Fischer, Didem Honca, Nora Pebler and Julius Rempe, accompanied by their teachers Sylvia Cordes and Robert Havemann.

Showing Power Point Presentations in the English language, the students and their teachers discussed the results of their Internet research on how the topic is treated in literature, arts and movies.

Apart from this each country presented a three course menu typical of their country. In preparation for the meeting the German group had cooked a typical German meal which consisted of a tasty summer salad, a good and solid potato soup with sausages and red fruit jelly.

Now everyone is looking forward to the practical part of the project, the international cooking event, which is going to take place in Germany in November 2011.

But the host students and their guests did not only talk about a healthy diet, they also organized a Fruit Festival in the school ground where they competed for the most original fruit stall. While offering their fruit they also performed folk dances and funny games were played.

The Turkish cultural programme was full of variety. The group was taken on a sightseeing tour of Izmir, the students saw the world famous ancient library of Ephesus as well as the ruins of the Greek-Roman theatre. In the mountain village of Sirince the group enjoyed typical Turkish food cooked on hot stones and the idyllic landscape.

On their way back to Izmir students and teachers were in such a good mood that they danced spontaneously to Turkish folk music on the coach.

During the meeting the students learned a lot about Turkey, its culture and traditions. They also experienced the overwhelming hospitality of the Turkish families, language barriers were overcome by the kindness and warmth of the hosts. If there was a lack of English, the students used their hands and feet to make themselves understood. The Comenius project offers European students a great opportunity to meet and get to know each other. The students and teachers of IGS Busecker Tal will certainly have pleasant memories of the meeting in Turkey.