

My Internship at the kindergarden “Schatzinsel”

When sand, blood, glue and runny noses don't bother you, the internship at the kindergarden might be of interest to you. The job of a kindergarden teacher is so much more than just taking care of little children. You have to be a teacher, a nurse, a nutritionist, a mediator and a watchman all at once; simply said, you have to love your job!

My internship at the kindergarden “Schatzinsel” in Albach started at 8 am; however, I was always ten minutes earlier in order to prepare for the day. I brought my slippers because it was a rule for everyone to wear them. All children were separated into different groups.

There were four groups: in the yellow group there were children from age 2 to 4 years old, they were called little raindrops. In the green and red group there were children between the age of 3 to 5 years old and they're called little clouds and sun rays. The pre-school children around the age of 6 years old were called rainbow kids. The blue group is a place where children with special needs (children in wheelchairs, children with Down syndrome and children with autism spectrum disorder (ASD) and learning disorders) were included with children without disorders.

My daily responsibilities included; cleaning up with the children, making sure they brushed their teeth after breakfast and lunch, helping them to get dressed, breaking up fights between them, reading and singing to them, building lanterns for the Saint Martin's parade on the 11th of November, coloring and cutting out Christmas decorations.

Breakfast started at 9:30 in the morning; the children brought their breakfast from home, except on Fridays. On Friday the teachers prepared healthy food directly in the kindergarden. Lunch was at 12:30 pm and was always freshly cooked in the kitchen there.

The internship gave me an inside look on how to prepare children for the following stages of their lives. If you want to be a kindergarden teacher, it would be best to have the following qualities: patience, understanding, empathy, discipline, humor and most of all... you have to love children.

My Internship in the Radiology

Why I wanted to go there

During my second internship I was in the radiology department in Giessen. I wanted to go there, because I'm very interested to learn about diseases and how to fix them. And in my opinion, I learned a lot about that.

About what I did

I had to be there at 7:30 am to attend the daily meetings. The end of my shift was at 2.30 pm. The secretary got me a plan to change the workplace every second day. The first two days I was at the CT. That was very interesting and I could see many injuries, like where a leg was broken. On the second station, the third and fourth day I was allowed to have a look on what happened in the mammography. That was also a very nice experience and I also learned a lot about the women's breasts. After these interesting days, I visited the MRT. It was very similar to the CT, but the doctor explained me more about it. The next station was the X-ray department. I liked it a lot, because I had lots of contact to patients there and felt like a real doctor. I was specially pleased that all the patients were very grateful to see an interested student there. In the last few days I was finally allowed to decide where I wanted to go, so I went to the CT again and wrote my internship report.

Things I have learned:

I now know much more about the abilities of a radiologist. It is not easy to study medicine and finally become a doctor, but if you make it, it is a great and varied job. I never wanted to deal with the subject of the hospital before, but now I have been able to take a completely different look at it and I even can imagine to work there. So my conclusion about the internship in the Radiology is, that it really has touched me and opened up a door to my future.

My work experience as a student

What is an internship? It's basically a chance for students to work in different jobs and to find something that might be relevant for your future. We have two internships during our time in school where we work for two weeks. It's up to you where you work.

My personal experience: In my internship of two weeks I worked as a nurse in a hospital, to be more exact in the Universitätsklinikum in Gießen. It might sound interesting to work there but for me it wasn't actually as interesting as I thought it would be. The tasks I basically did were initiating intravenous accesses on patients, bringing them breakfast and lunch and measuring their temperature and weight. My favourite thing to do was initiating accesses, because it was the only thing I was allowed to do where I actually felt like a real nurse. I also loved to talk and communicate with patients. They were so nice to me, so I was able to talk to them for hours. And these were the things I liked when I was working as a "nurse". I don't regret that I did my internship in a hospital. I wasn't allowed to do as many things as I wanted to, but that's just because I am a student so I completely understand them. I don't think I would do this internship again, but I'm still grateful for the experience I made. So if you like to talk to different people and help them with their health at the same time, then this job could be something for you :